

## How to prepare an emergency injection of powder Hydrocortisone

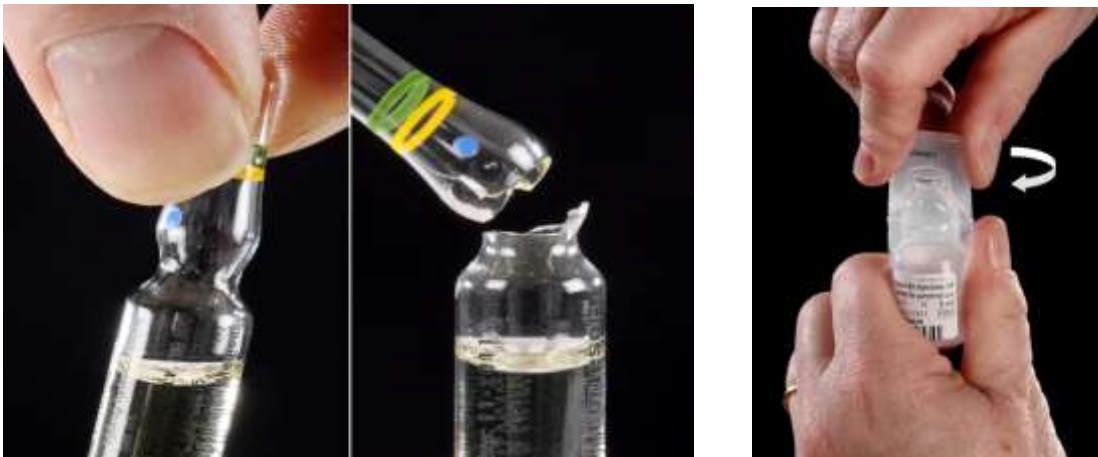
Equipment needed for mixing intramuscular Hydrocortisone powder



Open the glass vial, remember the dot is the weakest point

**OR**

twist open the plastic vial

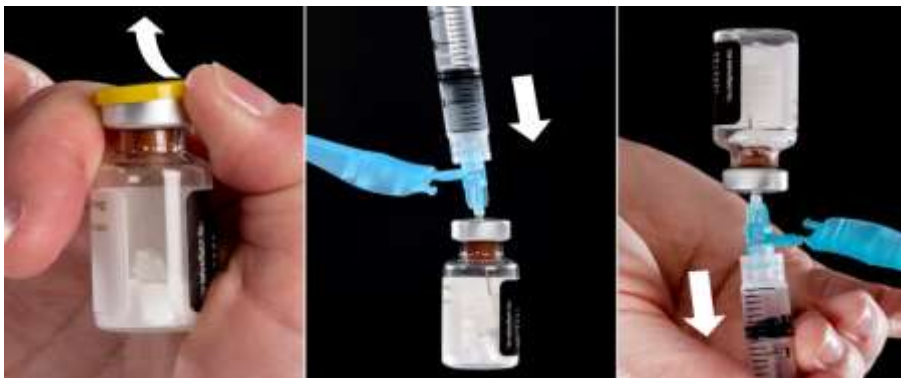


Attach the filter needle or blue needle with a twist on motion

draw up the prescribed amount of water.



Flip off yellow cap, inject the water, mix until the powder is fully dissolved



### **For more information, contact:**

Scottish Paediatric Endocrine Group (SPEG) Network

National Network Management Service

Email: [NSS.speg@nhs.scot](mailto:NSS.speg@nhs.scot)

[www.speg.scot.nhs.uk](http://www.speg.scot.nhs.uk)

If you require an alternative format please contact [NSS.EqualityDiversity@nhs.scot](mailto:NSS.EqualityDiversity@nhs.scot)

Telephone 0131 275 6000

BSL Contact Scotland BSL [Contact Scotland \(contactscotland-bsl.org\)](http://ContactScotland(contactscotland-bsl.org))

Review date: 31/01/2025