

Front Cover



Adrenal Insufficiency

The owner of this card has the condition

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Name

DOB

Hospital Number

MIDDLE PAGE

Dear Dr

If this child is brought to hospital as an emergency, and is acutely unwell/had major accident the following management is advised:

- Check if Intramuscular (IM) Hydrocortisone has been administered
- Insert Intravenous (IV) cannula
- Check near patient test glucose – if $<2.5\text{mmol/l}$ give bolus of 2ml/kg of Dextrose 10%.
- If no IM hydrocortisone administered then give IV bolus ofmgs
- Take bloods for U&Es, glucose and any other appropriate tests

*Hydrocortisone
Hydrocortisone dose – IV 6 hourly $100\text{mg}/\text{m}^2/\text{day}$ in 4 doses
OR
IV Infusion atmL/hour
as per your local A&E Guideline

- If child drowsy, hypotensive and peripherally shut down with poor capillary return give $20\text{mls}/\text{kg}$ of normal saline stat
- Continue regular monitoring of U&E's and glucose until stable.

Inform the Endocrine/Paediatric team of admission

Back Cover

Emergency Contact

Hospital consultant

GP

Scottish Paediatric Endocrine Group Managed Clinical Network (SPEG MCN) is a network of healthcare professionals in Scotland who have a particular interest in the care of children and young adults who have endocrine conditions. **www.speg.scot.nhs.uk**

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